Cycles (Root Progressions)

1. Half Steps (up or down) = Chromatic Scale

2. Whole Steps (up or down) = Whole Tone Scale (two possible scales)

3. Minor Thirds (up or down) = Diminished Seventh Chord (three possible chords)
   *The diminished chords have not been spelled correctly, but have been given the simplest enharmonic spellings.
   C, Eb(D#), Gb(F#) and A dim. seventh chords
   C#, Eb(D#), G and A#(Bb) dim. seventh chords
   D, F, G#(Ab) and B(Cb) dim. seventh chords

4. Major Thirds (up or down) = Augmented Triad (four possible chords)
   C, E and G#(Ab) Aug. Triads
   Db(C#), F and A Aug. Triads
   D, F#(Gb) and A#(Bb) Aug. Triads
   Eb(D#), G and B(Cb) Aug. Triads

5. Cycle of Fifths